Adamsrill Primary School
Headteacher: Dr Increase Esoe

19th June 2026

Dear Parents and Carers,

As part of your child's education at Adamsrill, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE is an important part of the curriculum, helping children to develop the knowledge, understanding, attitudes, and practical skills needed to live safe, healthy, and productive lives, and to reach their full potential.

I am writing to inform you that this term your child's class will be taking part in lessons focusing on the Relationships and Sex Education (RSE) aspect of this programme.

In Year 6, pupils will learn about:

- the physical and emotional changes that occur during puberty
- attitudes and values related to gender stereotyping and sexuality, including their origins and impact
- the importance of respect, care, and values in relationships, including the role of friendship in intimate relationships
- human reproduction within the context of the human lifecycle
- how a baby is conceived and develops during pregnancy
- the roles and responsibilities of parents and carers
- myths and misconceptions about HIV, including how it can and cannot be transmitted
- the role of contraception in preventing pregnancy

All RSE teaching will take place in a safe and supportive learning environment and will reflect our school ethos and values. Pupils will have opportunities to ask questions and engage in discussion in an age-appropriate way.

As a school community, we are committed to working in partnership with parents and carers. Previous feedback shows that the vast majority of parents are very supportive of our RSE programme.

We would like to invite parents and carers to an optional session to view the teaching materials and resources. This will take place on **Wednesday 24th June 2026 at 3:40pm** and will last approximately 15 minutes. There will also be an opportunity to ask questions. Please note that children will not attend this meeting; they will be supervised in another classroom during this time.
If you have any questions before the sessions begin, please email **admin@adamsrill.lewisham.sch.uk**.

Yours sincerely,
Year 5/6 Team