Feel Positive About Parenting

Are you looking for parenting support or advice?
Join us for free professional advice from our experienced parent practitioners.
For children aged 18 months to 10 Years

Here's how we can help:

- Practical parenting tips tailored to your needs.
- Guidance and referral to relevant services
- Information and sign-up to Lewisham Family hubs.
- FPAP is a safe and supportive space where parents can receive confidential parenting advice and support.

If the answer to these questions is yes, then why not book a half an hour appointment with our parenting practitioner.

Let's navigate parenting together.

To book call the individual centres, go to lewishamfamilyhubs.org.uk/events

or scan the QR code

When?
Thursdays
10th April, 15th May & 26th June
10.30am - 12.30pm

Where?
Downham Library
7-9 Moorside Road, BR1 5EP