Does your child still seem distressed after a frightening event?



Researchers from the **University of Cambridge & NHS** are running a research study for young children (ages 3–8) who may be struggling after a trauma. **Families in London can take part through South London and Maudsley NHS Foundation Trust.**

Signs may include:

- Nightmares or distressing thoughts
- Sudden fears or anger
- Changes in sleep, play, or behaviour

We are testing a new child-friendly therapy that may help.

Trauma-Focused CBT
for young children with PTSD

PYCES2 Recruitment Poster | Version 1 | 27/07/2026

FUNDED BY NIHR | National Institute for Health and Care Research

Why participate?

Your family's experiences may help us better understand and support children with posttraumatic stress.

Please get in touch:

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